PART SIX

Student Workbook

Use these activities in the way that suits you and your family. There is no particular order, and don't feel you have to use all of them.

Here is a list of the workbook pages:

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A quick checklist to make sure you have all your bases covered.	

Secondary School Course Planning Worksheet



Career Goal	
Program	
Post-Secondary Institution	
Credential	
Secondary School Course Requirements for Admission to Program	
Grade 12	
What courses are prerequisites for these Grade 12 courses?	
Grade 11	
Grade 10	

Dogwood Graduation Requirements

Use this table to keep track of your courses required for graduation. See Part Two for the full description of courses and requirements.

When you have completed a course, write it down in the table.

Grade 10 to 12 Course Requirements

- Total of 80 credits most courses are 4 credits
- At least 16 credits must be Grade 12 level courses

Required Courses (Total 52 credits)	Completed Course (name of course, completion date)
English First Peoples 10 or English 10 (2 courses)	
English First Peoples 11 or English 11	
English First Peoples 12 or Eng. Studies 12	
Mathematics 10	
Mathematics 11 or 12	
Science 10	
Science 11 or 12 course	
Social Studies 10	
Social Studies 11 or 12 course	
Physical and Health Education 10	
Career Life Education	
Career Life Connections	
Arts Education or Applied Design, Skills, and Technologies course	
Elective Courses (minimum 28 credits)	

Personal Profile

INTERESTS

Things I like to do for enjoyment

SKILLS

Things I know I do well

VALUES

Things that are important to me

FAVOURITE SUBJECTS

The courses I enjoy the most or are most successful in

AWARDS, CERTIFICATES AND HONOURS

Things that I have earned (awards, trophies, certificates, licenses)

CULTURAL AND COMMUNITY CONNECTIONS

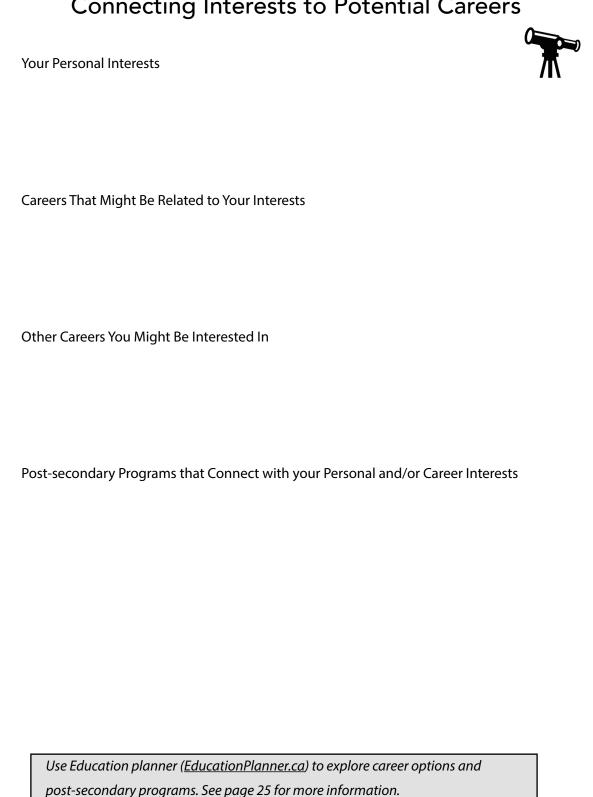
Groups and activities that I participate in and volunteer for, or things I do to help my community or Elders



Did you know?

This information can help with some scholarship, bursary and post-secondary applications.

Connecting Interests to Potential Careers



CAREER EXPLORATION #1 Use the website WorkBC.ca to explore some career options. (See page 25 for more information.) Choose two or three that interest you and use these pages to record information about them. Career #1 What I found out about the job: Some of the duties of the job **Expected salary** Job workplace, location Post-secondary Education and Training Required **Secondary School Course Requirements** Why I think I might enjoy this career

CAREER EXPLORATION #2 Career #2 _____ What I found out about the job: Some of the duties of the job **Expected salary** Job workplace, location Post-secondary Education and Training Required **Secondary School Course Requirements** Why I think I might enjoy this career

CAREER EXPLORATION 3

Career #3
What I found out about the job:
Some of the duties of the job
Expected salary
Job workplace, location
Post-secondary Education and Training Required
Conson dans Cohool Course Doguisson anto
Secondary School Course Requirements
Why I think I might enjoy this career

MY POST-SECONDARY EDUCATION PLAN Area of Study **Post-Secondary Institution** Program **Application Deadline Institution Admission Requirements Program Admission Requirements** Specific Course Prerequisites (if any) Bursaries and Scholarships to Apply For

WHERE TO GO?

When deciding what post-secondary institution you want to go to, you might want to think about other things in addition to the programs and courses they offer. Use these questions and your answers to help you decide what post-secondary institution is a good fit for you. Compare your preferences to the information you find about potential post-secondary institutes.

Location	
1. Do you want a local institution near home, or do you want to move away?	
2. Do you want to be in the big city or a smaller town?	
3. Would you want to stay in BC or would you be willing to go outside of the province to get the best program?	
Size	
4. Would you prefer a large campus or a smaller campus?	
5. Will you be able to handle large classes of several hundred students, or will you need to find a program that has fewer students per instructor?	
Housing	
6. Would you want to live in student housing if it is available?	
Extracurricular Activities	
7. What types of activities would you like to participate in: sports, drama, student newspaper, student council? (Note that larger institutions usually have more opportunities.)	
First Nations Focus	
8. How important is it for you to have a school or program with a First Nations or Indigenous focus? Some schools are run by First Nations while many others include programs and courses based on First Nations content.	

FINANCIAL PLANNING WORKSHEET

How much do you need to budget for the first year after you graduate? You will need to do some research on estimated costs depending on what part of the province you will be living/going to school in.

LIVING EXPENSES	Monthly Amount
HOUSING	
Rent	
Electricity/Gas	
· ·	
Cable/Internet	
Insurance	
TRANSPORTATION	
Bus	
Car payments	
Gas	
Insurance	
Parking	
Travel to and from	
home community	
FOOD	
PERSONAL CARE	
Toiletries	
Hair & skin products	
Clothing	
Laundry	
ENTERTAINMENT	
MISCELLANEOUS	
Travel home	
Gifts	
Other	
Total per month	
Estimate costs by the mon	
by 12 for average yearly es	stimate.
TOTAL LIVING	
EXPENSES FOR YEAR	

EDUCATION EXPENSES	AMOUNT
Tuition	
Books and Supplies	
TOTAL EDUCATION	
EXPENSES	
ADD Living Expenses	
TOTAL YEARLY	
EXPENSES	

INCOME	AMOUNT
Employment	
Scholarships/Bursaries	
First Nation Funding	
Savings	
Family contributions	
Student Loans	
Other	
TOTAL INCOME	

BUDGET CALCULATION

TOTAL INCOME _	
minus	
TOTAL EXPENSES	
=	
RAI ANCE	

Checklist: Building Your Career Path

☐ I know my interests and skills
☐ I know the general field that I would like to work in
☐ I have set my career goal
☐ I have researched post-secondary options
☐ I understand the types of courses I would need to take at the post-secondary level
☐ I know the course prerequisites I need for my post-secondary choices
☐ I know the post-secondary entrance requirements
☐ I know what Grade 10, 11, and 12, courses I need for graduation
☐ I know the difference between the Dogwood Diploma and the Evergreen Certificate