

Personal and Social Awareness Self-Assessment Scale

1-Emerging	2-Developing	3-Proficient	4-Extending
Contributing to the Classroom and School Community			
<p>I am often unfriendly and disrespectful of others.</p> <p>I don't like to work in groups.</p> <p>I have a hard time following rules.</p>	<p>I am friendly and, if asked will help others some of the time.</p> <p>I am willing to work with others in the classroom some of the time.</p>	<p>I am friendly, kind, and helpful most of the time.</p> <p>I participate in and contribute to classroom activities and I volunteer to do extra things most of the time.</p>	<p>I am friendly, kind, and helpful.</p> <p>I participate in and contribute to classroom activities and I volunteer to do extra things.</p>
Solving Problems in Peaceful Ways			
<p>I usually blame other for things I have done.</p> <p>Sometimes I cannot articulate the problems I am having and cannot solve them.</p>	<p>I work hard to explain how I feel and to control my anger some of the time.</p> <p>I sometimes try to decide when I need help from adults.</p> <p>I sometimes try to solve my problems.</p>	<p>I try to control my anger and also try to use clear thinking to solve my problems most of the time.</p> <p>I can come up with thoughtful ways to solve my problems most of the time.</p>	<p>I try to control my anger and also try to use clear thinking to solve my problems.</p> <p>I can come up with thoughtful ways to solve my problems.</p>
Valuing Diversity and Defending Rights of Others			
<p>I am not nice to people.</p> <p>I am more concerned about what I want than what others want or need.</p>	<p>I am nice to others some of the time.</p> <p>I usually need someone to explain to me how others are being treated unfairly</p>	<p>I am nice to others and treat them fairly most of the time.</p> <p>I often stick up for others when I see them being treated unfairly.</p>	<p>I am nice to others and treat them fairly.</p> <p>I stick up for others when I see them being treated unfairly.</p>
Exercising Democratic Rights and Responsibilities			
<p>I can repeat school rules but not explain why we have them.</p>	<p>When explained to me I feel a responsibility to follow class rules.</p> <p>I sometimes have ideas for making the school and community a better place.</p>	<p>I want to follow class rules and do most of the time.</p> <p>I can think of way to make the world a better place and can help make plans most of the time.</p>	<p>I want to follow class rules and do all of the time.</p> <p>I can think of ways to make the world a better place and can help make plans.</p>

Emotional Responses

When this happens:	Use pictures or words to show how you feel:
My friend invited me to a birthday party.	
My dog died.	
I am moving to another school.	
I did well on my math test.	

When this happens:	Use pictures or words to show how you feel:
I had to speak to a teacher about my behaviour during lunch.	
I made a basket during the basketball game.	
I caught a big trout.	
I fell off my chair.	