

BLM 7 – Four-Square Exploration of Trauma

During traumatic events, people will behave in a variety of different ways. Sometimes, the way an individual behaves is exactly the opposite of what you might expect for that person. Fill in the graphic organizers below to explore your own ideas and reactions to trauma. On the second page you will document how the main character in your novel responds to trauma. You may also wish to record how another character in the novel responds to a traumatic event; it could be the same event that the main character experiences or an entirely different situation.

Define “trauma” and “traumatic”:	List events in life that could be considered traumatic:
List emotions you might feel when experiencing a traumatic event:	Describe one traumatic event that happened to you or someone you know:

How does trauma affect human behaviour?

Traumatic Event	Character's Response to the Traumatic Event
	<ul style="list-style-type: none">••••
	<ul style="list-style-type: none">••••
	<ul style="list-style-type: none">••••
	<ul style="list-style-type: none">••••
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