## **Thinking About Transformation**

Creation stories depict the lines separating humans, animals, and forces of nature as rather fluid instead of rigid. Animals transform into humans and humans transform into animals.

Biologically, the metaphor is accurate, because when we eat an animal we are "transformed" into that animal, and the animal is "transformed" into us.

When we are eaten by animals (including by the small bacteria that will eat us all eventually), we are then transformed back into cycles of nature.

In many ways, ancient Native myths preceded biological theories of evolution and transformation.

Gregory Cajete Native Science, 2000 p 40.