

BLM 4 – Reflection on “My Heart Soars” by Chief Dan George

1. Do you think reading and listening to this poem is more effective outside or in the classroom? Explain why.

2. Circle one of the following: (this applies to life in general, not your EFP class).

When I am outside in a natural environment:

- I hate it. I would much rather be indoors, and I don't like going outside.
 - I would just rather be indoors. I feel better indoors.
 - I am neutral. Outside or inside doesn't really matter to me.
 - I would really prefer to be outside. I just feel more comfortable outside and I like being outdoors.
 - When I am outside “My heart soars.” I would rather be outside than anywhere else.
3. Explain how important (or unimportant) the natural world is to you. How do you feel when you are outside and what makes you feel this way?
 4. Do you have a favourite outdoor location? Why is this place important to you?